

Br

Sample Pack

Self Discovery

DEFINING SELF-AWARENESS



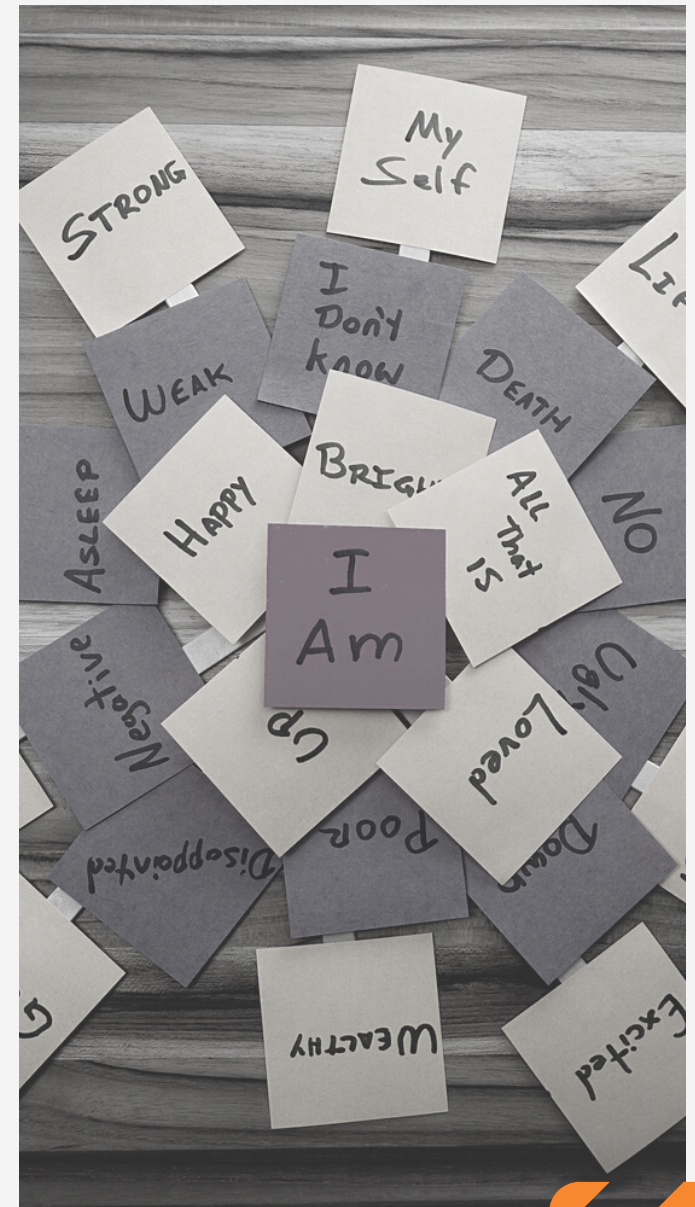
LEADERSHIP

jasonwetzler.com

Work with a partner to define the term “self-awareness.”

Share your definition with another group. Combine your definitions to create one final definition as a group of four.

Using a device with internet, find another definition of self-awareness. Write your definition and the definition you found online in your notes.

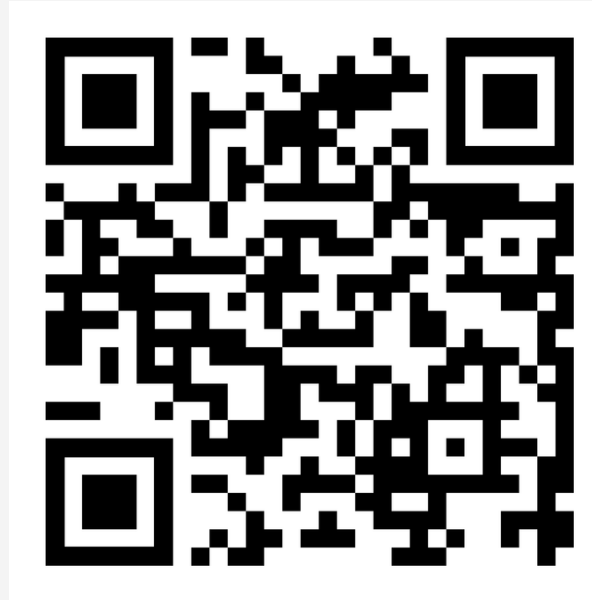




LEADERSHIP

jasonwetzler.com

Using the camera on your phone,
scan this QR code and watch the
short video.



Answer the following
questions about the video:

What lesson is Coca Cola trying to teach us?

What will you do differently today because of this video?

Relationship Building 101
THE POWER IN A NAME



LEADERSHIP
jasonwetzler.com

Goal Setting

WHY DO WE SET GOALS?

- **Have you ever set a goal before?**

Take 30 seconds and talk to the person next to you about it.

- **What does this person mean by destination vs. journey?**

Write your answer in your notes.

- **Read this quote about setting goals:**

"Stop setting goals that take you to a destination. Start setting goals that take you on a journey."

-Steve Robbins

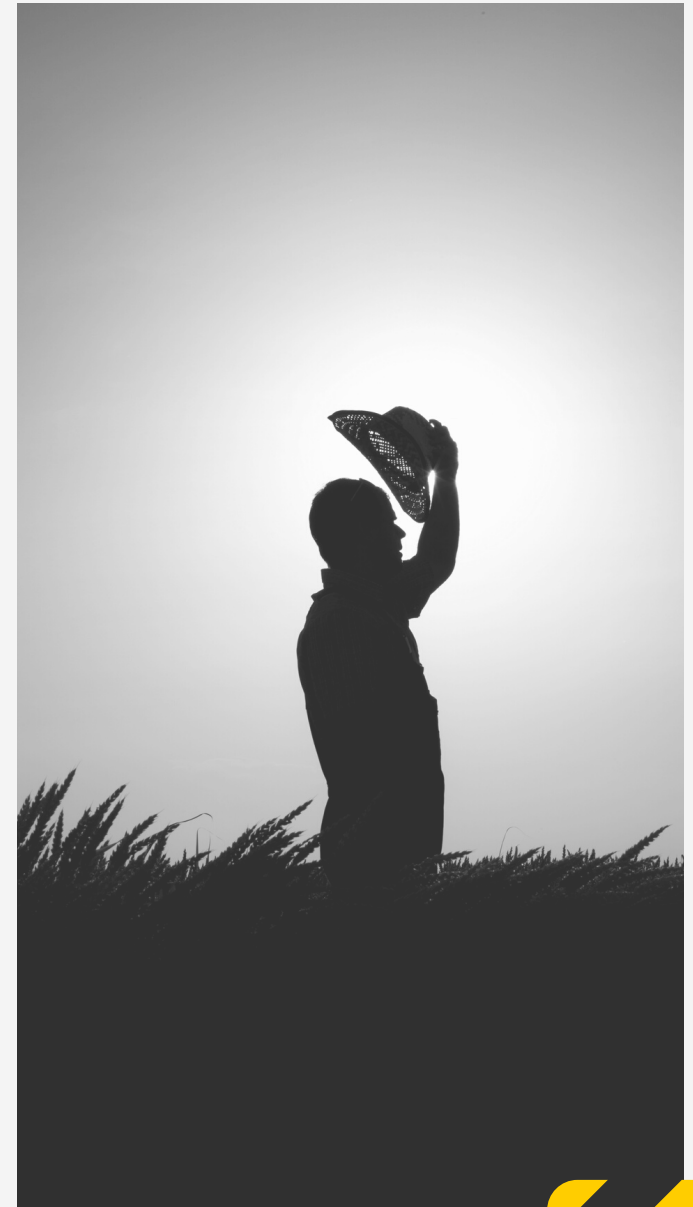


MISSION

FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education.

Write the following in your notes:

Underline your favorite part of the mission. Take a picture of something in your classroom that exemplifies that part of the mission. Create an Instagram or Snapchat story using that picture and the part of the mission you chose.



A	B	C	D	E	F	G	H	I	J	K	L	M	N
★	■	●	⬡	▲	+	♥	☁	➔	☾	▲	🛡	⚡	➤
O	P	Q	R	S	T	U	V	W	X	Y	Z		
▧	—	🧸	◆	☀	🍦	🔍	✨	🏠	☾	🐟	🕶		

“Our _____

 should _____

 our _____

 Our priorities _____ determine our _____.”

Solve the puzzle. Copy the answer down in your notes.

What is the difference between saying "should determine" and "determines?"



LEADERSHIP

jasonwetzler.com

Answers: values, determine, priorities, should, actions

Stay Connected



[@jwleadership](#)



[@jasonwetzler](#)



[@jasonwetzler](#)

Educator Notes

EVERY CLASSROOM IS DIFFERENT

It has been said that if you try to hit them all, you'll miss them all. Some activities may require your adaptation to best fit the needs of your specific students.

TECHNOLOGY IS A BLESSING AND A CURSE

Some QR codes may break over time, some links may fail. If this happens please contact us through our website and we'll send an updated version as soon as possible.

PARTNER UP

Because we incorporate technology often, students who don't have phones will be inclined to disengage. Simply having them partner with another student or completing the activity as a class solves this problem.



LEADERSHIP

jasonwetzler.com

References & Times

**Defining self-awareness
(5 minutes)**

Jason Wetzler
Leadership

**Why do we set goals?
(5 minutes)**

<https://www.fastcompany.com/3029765/how-to-set-goals-for-the-life-you-actually-want>

**The power in a name
(5 minutes)**

<https://youtu.be/BmABgeTfNtg>

**Values-Based Decision Making
(5-8 minutes)**

Jason Wetzler
Leadership

**FFA Mission
(4 minutes)**

<https://www.ffa.org/about/who-we-are/mission-motto/>